Al-Anon Participation Friday, May 3 – Sunday, May 5, 2024

A Weekend Journey Through the 12 Steps of Alcoholics Anonymous with Amazing, Successful Women in Recovery Sharing their Experience, Strength, and Hope.

## **Mesquite Convention Center**

(15 Minutes from downtown Dallas)

## Save the Date!

## GirlAPaloozAA 2024 ~ 7th Annual Conference

(Times and activities subject to change.)

Friday, May 3rd 5:00 p.m. — Registration Open (Concessions with healthy options)

6:00 p.m. — Steps 1 - 3: TBD

7:45 p.m. — TBD

Saturday, May 4th 9:00 a.m. — 9:30 a.m. — Meditation in the Ballroom

10:00 a.m. — 11:00 a.m. — Steps 4 - 7: TBD 11:30 a.m. — 12:30 p.m. — Steps 8, 9: TBD

12:30 p.m. — 1:45 p.m. — Lunch Break (Concessions with healthy options)

2:00 p.m. — 2:30 p.m. — Chair Yoga in the Ballroom 3:00 p.m. — 4:00 p.m. — Al-Anon  $^{\sim}$  Her Story: TBD

5:00 p.m. — 6:30 p.m. — Banquet\* (Concessions with healthy options, too)

7:00 p.m. — 10:00 p.m. — TBD

Sunday, May 5th 9:00 a.m. — 9:30 a.m. — Meditation in the Ballroom

10:00 a.m. — 11:00 a.m. — Steps 10 - 12: TBD

11:15 a.m. — 11:30 a.m. — Wrap Up & News about GirlAPaloozAA 2025

\*Banquet Dinner is optional for an additional cost.

Raffle drawings and Silent Auction throughout the conference!!

Registration will open Fall 2023!

Visit our Facebook Page for updates.

GirlApaloozAA is an open women-only conference focused on the Twelve Steps of Alcoholics Anonymous.

We also ask, in keeping with our 7th tradition, that you consider any contributions so that we can continue to carry on the GirlAPaloozAA message and tradition.

"Contributions can be made at www.girlapaloozaadfw.com"